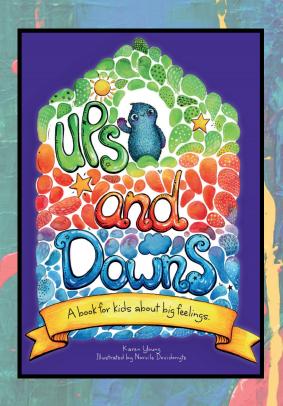
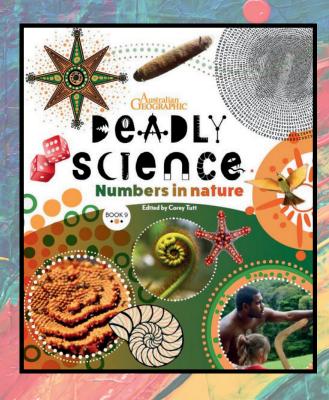
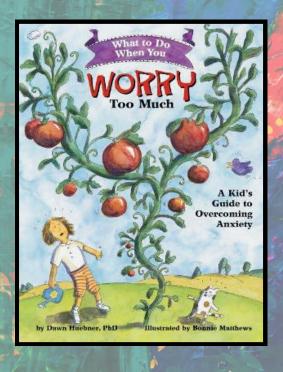
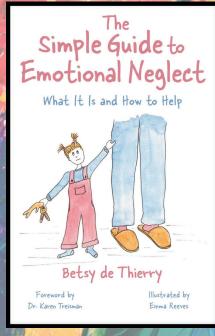
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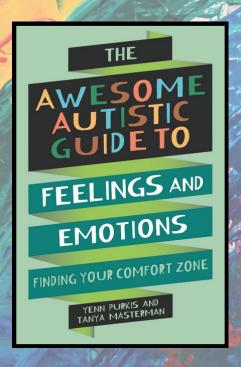
Student Support & Curriculum Resource Catalogue Winter 2024









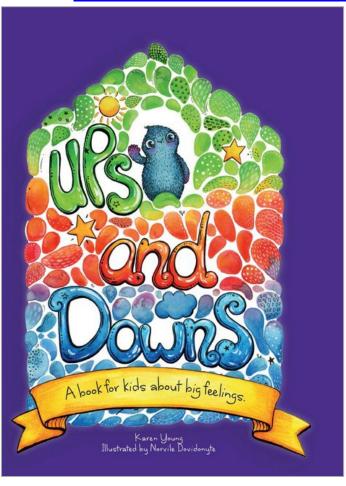




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Author Bio:

Karen began her career as a psychologist and now consults with parents, schools, government bodies, and child and adolescent focused organisations both at home in Australia and overseas. She is the founder of Hey Sigmund at www.heysigmund.com, an internationally popular online resource that provides contemporary, research-driven information on anxiety, parenting, and the neurodevelopment of children.

She has written five books, including the bestselling 'Hey Warrior'. The books have been translated into multiple languages and are used extensively in homes, schools, and therapeutic settings throughout the world.

Illustrator Bio

Nora graduated from art school in Lithuania and completed a bachelor's degree in fine photography at the Vilnius Design College. Ever since she can remember, she has been fascinated by children's storybooks, especially creative illustrations. She creates whimsical characters with big round eyes and unique personalities. For her, watercolour is the ideal medium fulfilling her sense of creative satisfaction. Nora creates intricate patterns and details with an ink pen working to expose her own dreamlike version of reality. You can find her works at www.norvile.com.

Ups and Downs

A book for kids about big feelings

By Karen Young, Norvile Dovidonyte

NEW

All feelings are important - the magical, the messy, and the inbetween. Sometimes though, big feelings can have us behaving in ways that aren't so, let's say... shiny. This happens to all of us. The more young people understand how and why, the more they can build the capacity to feel their feelings and manage them in positive ways. 'Ups and Downs' draws on Polyvagal Theory, a widely accepted neuroscientific theory, to support young people to understand why they feel and do as they do, and how to do differently when they need to. Driving brains and bodies isn't easy! It takes time, experience, and the right information, so let's give them that.

HEY SIGMUND

Category: PICTURE BOOKS

Author is from QLD

Colour Throughout
Disc: Trade Australian
277 X 215 mm

Release Date: November 2023

9780648488897



Age: 5+ years Hardback 44 pages

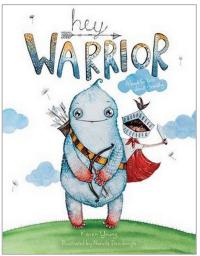
AUD\$: 26.99



I feel happy and safe.
My body feels calm.







Hey Warrior
A book for kids about anxiety

By Karen Young



Kids can do amazing things with the right information. Understanding why anxiety feels the way it does and where the physical symptoms come from is a powerful step in turning anxiety around. Anxiety explained, kids empowered.

HEY SIGMUND

Category: PICTURE BOOKS

Author is from QLD

Disc: TRADE AUSTRALIAN

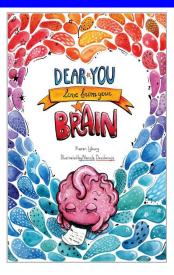
270 X 210 mm Release Date: January 2017

9780648488804

Age: 5+ years Hardback 32 pages

COLOUR THROUGHOUT

AUD\$: 26.99



Dear You, Love From Your Brain A book for kids about the brain

By Karen Young, Norvile Dovidonyte



Like all strong, beautiful, important things, brains take time to build. This book will help children discover more about the brain – how it works, what it needs, and how to love it big so it loves them bigger.

HEY SIGMUND

Category: PICTURE BOOKS

Author is from QLD

Disc: TRADE AUSTRALIAN

275 X 215 mm

Release Date: May 2022

9780648488880

Age: 5+ years Hardback 36 pages

COLOUR THROUGHOUT

AUD\$: 26.99



Hey Awesome

A book about anxiety, courage, and being already awesome

By Karen Young



If kids with anxiety could see their strengths, they would feel bigger than everything – as though a tiny, tip-toed stretch could have them touching the top of the world from where they are. This book is a reminder for all kids that everything they need to be brave, strong, and brilliant is already in them.

HEY SIGMUND

Category: PICTURE BOOKS

Author is from QLD

Disc: TRADE AUSTRALIAN

270 X 210 mm

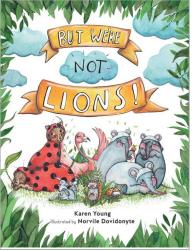
Release Date: October 2020

9780648488828

Age: 5+ years Hardback 36 pages

COLOUR THROUGHOUT

AUD\$: 26.99



But We're Not Lions

By Karen Young, Norvile Dovidonyte



A book about boundaries, peer pressure, self-esteem, and self-acceptance, and a reminder for all kids that the very best thing about them, is them.

HEY SIGMUND

Category: LIFE SKILL/GEN STUDS

Author is from QLD

Disc: TRADE AUSTRALIAN

270 X 210 mm

Release Date: November 2019

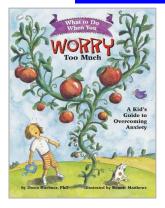
9780648488859

Age: 5+ years Hardback 36 pages

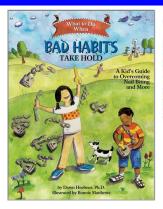
COLOUR THROUGHOUT

AUD\$: 26.99

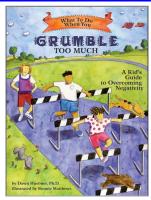














What to Do When You Worry Too Much

Bv Dawn Huebner

An interactive self-help book designed to guide 6–12-year-olds and their parents.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL

279 X 216 mm Rel Date: December

2005

9781591473145

Paperback

80 pages

B&W THROUGHOUT

AUD\$: 34.99

What to Do When Bad Habits **Take Hold**

Bv Dawn Huebner

Guides children and their parents through cognitive-behavioural techniques.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Disc: TRADE

INTERNATIONAL

279 X 216 mm Rel Date: January

2009

9781433803833

Paperback

72 pages

B&W **THROUGHOUT**

AUD\$: 34.99

What to Do When You Grumble **Too Much**

Bv Dawn Huebner

An interactive self-help book that guides 6- to 12-year-old children and their parents.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

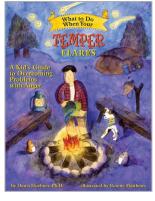
Disc: TRADE Paperback

INTERNATIONAL

250 X 200 mm 88 pages B&W Rel Date: January

THROUGHOUT 2007

AUD\$: 34.99 9781591474500



What to Do When Your Temper

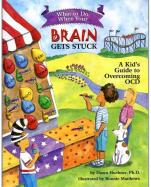
A guide with engaging examples, lively

teach children "anger-dousing" methods

illustrations and step-by-step instructions to

aimed at cooling angry thoughts and actions.







What to Do When Your Brain

By Dawn Huebner

This story guides children and parents through techniques to treat

MAGINATION PRESS

By Dawn Huebner

Flares

LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL 279 X 216 mm

Rel Date: January

9781433801341

Paperback 88 pages B&W **THROUGHOUT**

AUD\$: 34.99

Gets Stuck

Obsessive Compulsive Disorder (OCD), and recognize OCD's tricks.

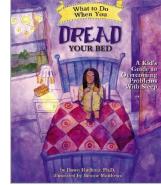
MAGINATION PRESS

LIFE SKILL/GEN STUDS

Disc: TRADE Paperback INTERNATIONAL

279 X 216 mm 96 pages Rel Date: August B&W

2007 THROUGHOUT 9781591478058 AUDS: 34.99





What to Do When You Dread **Your Bed**

By Dawn Huebner

An interactive self help book to help children tackle fears, busy brains, restless bodies and overdependence on parents for more peaceful nights.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Disc: TRADE Paperback INTERNATIONAL 100 X 100 mm 96 pages

Rel Date: May B&W 2008 **THROUGHOUT**

AUD\$: 34.99 9781433803185





COMING SOON

Bear Learns How to Fish

By Deirdre Brandner, Jennifer Whelan

Bear is back and he's worried! With the help of his new fish friend, Bear discovers that he can cross to the other side of the pond to get his favourite treat—a honey chocolate milkshake! But what will Bear do when he starts to worry about whales and rainstorms and ants in his pants? Join Bear as he learns how to overcome his worries in different situations by taking big breaths in and slowly breathing out. With Jennifer Whelan's adorable illustrations and Deirdre Brandner's practical toolkit resource, Bear Learns How To Be A Fish is a fun adventure through the worries of every day.

WILKINSON PUBLISHING

PICTURE BOOKS

Author is from VIC

Age: 3+ years

Disc: TRADE AUSTRALIAN

Hardback 285 X 216 mm 32 Pages

COLOUR THROUGHOUT Rel Date: May 2024

9781922810632 AUD\$: 24.99





NEW

Do Bears Who Eat Blueberries Go Bananas?

By Deirdre Brandner, Jennifer Whelan

Bear loves eating blueberries and reading. But one day he reads something that makes him feel worried... BEARS WHO EAT BLUEBERRIES GO BANANAS! This sticky thought follows Bear everywhere but his friend Kookaburra has a plan... Join Bear as he encounters the same everyday situations, troubles and emotions children do and learns how to cope with and overcome them. With Jennifer Whelan's whimsical illustrations and Deirdre Brandner's practical toolkit resource, Do Bears Who Eat Blueberries Go Bananas? Is a fun and uniquely engaging adventure.

WILKINSON PUBLISHING

PICTURE BOOKS

Author is from VIC

Age: 3+ years

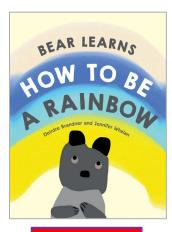
Disc: TRADE AUSTRALIAN

Hardback 285 X 216 mm 32 Pages

COLOUR THROUGHOUT
Rel Date: September 2022

9781922810021 AUD\$: 24.99





NEW

Bear Learns How to Be a Rainbow

By Deirdre Brandner, Jennifer Whelan

Winter is coming and Bear is feeling sad, lonely and scared. With the help of a rainbow, Bear discovers he can be the sun and as bright as the daylight sky. But what will Bear do when the rainbow disappears, and winter arrives? Join Bear as he encounters the same everyday situations, troubles and emotions children do and learns how to cope with and overcome them. With Jennifer Whelan's whimsical illustrations and Deirdre Brandner's practical toolkit resource, Bear Learns How to Be a Rainbow is a fun and uniquely engaging adventure.

WILKINSON PUBLISHING

PICTURE BOOKS

Author is from VIC

Age: 3+ years

Disc: TRADE AUSTRALIAN

Hardback 285 X 216 mm 32 Pages

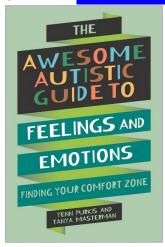
COLOUR THROUGHOUT

Rel Date: September 2022

9781922810014 AUD\$: 24.99







NEW

The Awesome Autistic Guide to Feelings and Emotions

Finding your Comfort Zone

By Yenn Purkis, Tanya Masterman

Understanding your feelings and emotions is an incredibly important part of learning to become your most awesome autistic self! Yenn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know about your feelings and emotions, using tips and tricks they have picked up along the way to help you calm your brain down when it feels overloaded. From anger and worry to sadness and joy, emotions can come in all shapes and sizes with some feeling really big and others feeling much smaller (or even feeling like nothing), this book explores why we experience certain emotions, what they mean and how we can find the ultimate autistic comfort zone!

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Author is from Australia

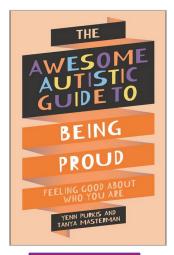
Age: 9+ years

Disc: TRADE INTERNATIONAL

Paperback 229 X 152 mm 96 Pages

B&W THROUGHOUT Rel Date: May 2024 9781839977381 AUD\$: 32.99





NEW

The Awesome Autistic Guide to Being Proud Feeling Good About Who You Are

By Yenn Purkis, Tanya Masterman

Welcome to the autistic community! We're very glad you're here! Sometimes it can be difficult to feel proud of who you are. Maybe you feel different from other people or struggle to fit in - there is no need to worry! Yenn, Tanya and a tiny meerkat called Min are here to help you discover how to feel proud to be you. From learning about the autistic community and who is a part of it, to finding like-minded friends and connecting with others, this book will give you everything you need to ask the question 'what does it mean to be me?' Learn alongside Min how the special things that make you YOU can also help find your own community. Discover your own strengths, boost your confidence, and learn how to start your journey as an awesome autistic person with the community by your side

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Author is from Australia

Age: 9+ years

Disc: TRADE INTERNATIONAL

Paperback 229 X 152 mm 96 Pages

AUDS: 32.99

B&W THROUGHOUT Rel Date: May 2024 **9781839977367**



The Awesome Autistic Guide to Other Humans Relationships with Friends and Family

By Yenn Purkis, Tanya Masterman

Let's face it, other humans can be difficult to understand sometimes! There is no need to worry! Yenn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know about friendships, improving relationships with your family members, and how to deal with issues and arguments that can arise with the people in your life. Answering the difficult questions like 'What makes a good friend?' and 'Why do adults tell me to do things?' this book gives you helpful tips, tricks, and advice you need to help you understand other humans whilst staying true to your own awesome autistic self!

ins JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Author is from Australia

Age: 9+ years

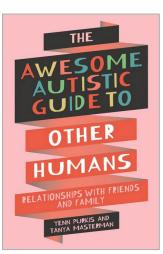
Disc: TRADE INTERNATIONAL

Paperback 229 X 152 mm 96 Pages

B&W THROUGHOUT

Rel Date: May 2024 9781839977404 AUD\$: 32.99









Awesome Autistic Go-To Guide

A Practical Handbook for Autistic Teens and Tweens

By Yenn Purkis, Tanya Masterman

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do. Full of insights about being awesome and autistic, this book celebrates the strengths of understanding the world in a different way. It looks at all the reasons being you and thinking differently can be totally awesome! It also has tips for managing tricky situations such as meltdowns, sensory differences and anxiety. It includes fun activities and diary pages where you can write your thoughts and feelings to help you concentrate on your strengths and work on your challenges. This book helps you develop the confidence to be who you are and help you live life with as little stress and anxiety as possible.

JESSICA KINGSLEY **PUBLISHERS**

LIFE SKILL/GEN STUDS

Author is from Australia

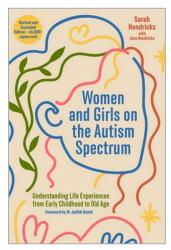
Age: 9+ years

Disc: TRADE INTERNATIONAL

Paperback 228 X 152 mm 112 Pages

Rel Date: June 2020 9781787753167 AUDS: 34.99





Women and Girls on the Autism Spectrum 2/e

Understanding Life Experiences from Early Childhood to Old Age $^{\it PUBLISHERS}$

By Sarah Hendrickx, Judith Gould

In this widely expanded second edition, Sarah Hendrickx combines the latest research with personal stories from girls and women on the autism spectrum to present a picture of their feelings, thoughts and experiences at each stage of their lives. Outlining the likely impact will be for autistic women and girls throughout their lifespan, Hendrickx surveys everything from diagnosis, childhood, education, adolescence, friendships and sexuality, to employment, pregnancy, parenting, and aging. With up-to-date content on masking, diagnosis later in life, and a new focus on trans and non-binary voices, as well as a deeper dive into specific health and wellbeing implications including menopause, PCOS, Hypermobility/Ehlers-Danlos, autistic burnout, and alexithymia, this is an invaluable companion for professionals, as well as a guiding light for women with autism.

JESSICA KINGSLEY

FAMILY & HEALTH

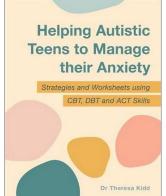
Disc: TRADE INTERNATIONAL

Paperback 229 X 152 mm 352 Pages

B&W THROUGHOUT Rel Date: April 2024 9781805010692

AUD\$: 44.99





Helping Autistic Teens to Manage their Anxiety Strategies and Worksheets using CBT, DBT, and ACT Skills

By Dr. Theresa Kidd

Drawing on the author's extensive clinical and research experience, this book presents practical strategies purposefully developed for parents. therapists and teachers working with autistic adolescents experiencing anxiety. In addition, it features chapters dedicated to assisting parents in B&W THROUGHOUT supporting their anxious child. The book outlines the co-occurrence of anxiety and autism, highlights specific anxiety risks and triggers, and presents practical solutions for overcoming barriers to therapeutic engagement. A collection of CBT, ACT and DBT-informed practical worksheets are included, making this book ideal for use at home, at school or in OT, Psychology and Speech sessions.

JESSICA KINGSLEY **PUBLISHERS**

CLINICAL/INT'L MEDIC

Author is from Australia

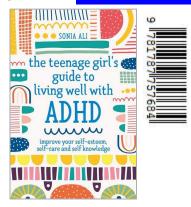
Disc: TRADE INTERNATIONAL

Paperback 279 X 216 mm 240 Pages

Rel Date: April 2022 9781787754508 AUD\$: 53.99







The Teenage Girl's Guide to Living Well with ADHD

By Sonia Ali

This positive, self-affirming guide will increase your knowledge about ADHD and empower you in your daily life.

JESSICA KINGSLEY PUBLISHERS

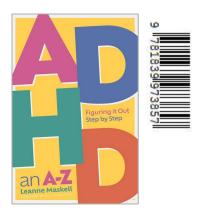
FAMILY & HEALTH

Disc: TRADE **Paperback**

INTERNATIONAL

229 X 152 mm 160 pages Rel Date: March B&W

2022 **THROUGHOUT** 9781787757684 AUD\$: 34.99



ADHD an A-Z

By Leanne Maskell

This ADHD guide gives strategic advice on how to deal with issues young adults with ADHD may face.

JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH

Disc: TRADE Paperback

INTERNATIONAL

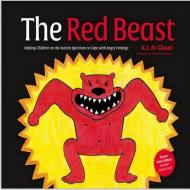
229 X 152 mm

B&W THROUGHOUT Rel Date: March 2023

304 pages

AUDS: 34.99

9781839973857







The Red Beast 2/e

By K.I. Al-Ghani

This book is an accessible, fun way to talk about anger for children aged 4-9, including new illustrations to make sure every child's red beast can learn to be tamed!

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Author is from Australia

Age: 4+ years

Hardback

INTERNATIONAL

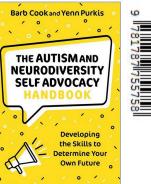
279 X 216 mm 40 pages Rel Date: August COLOUR **THROUGHOUT**

2022

9781839972751

Disc: TRADE

AUD\$: 37.99



The Red Beast Anger Workbook

By Kay Al-Ghani

This practical and interactive resource is full of activities to support the development of emotional and sensory regulation and provides coping mechanisms for children.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

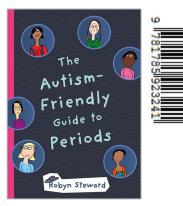
Author is from Australia

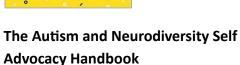
Age: 5+ years

Disc: TRADE INTERNATIONAL Paperback 246 X 173 mm 128 pages Rel Date: August B&W

THROUGHOUT 2023

9781839974151 AUD\$: 40.99





By Barb Cook

This is the ultimate guide to self-advocacy for autistic people at all stages of life.

JESSICA KINGSLEY PUBLISHERS

CLINICAL/INT'L MEDIC

Author is from Australia

Disc: TRADE INTERNATIONAL 229 X 152 mm

Rel Date: March 2022

9781787755758

Paperback 176 pages

AUD\$: 40.99

Autism-Friendly Guide to Periods

By Robyn Steward

A detailed guide for young people ages 9-16.

JESSICA KINGSLEY PUBLISHERS

CLINICAL/INT'L MEDIC

Hardback Disc: TRADE

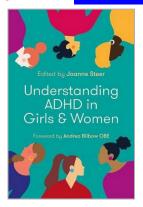
INTERNATIONAL

248 X 176 mm 96 pages

Rel Date: June 2019

9781785923241 AUD\$: 34.99







Understanding ADHD in Girls and Women

By Joanne Steer

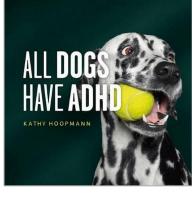
This book offers honest and clear professional insights into what it really means to have ADHD.

JESSICA KINGSLEY PUBLISHERS

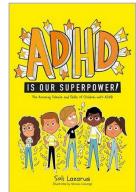
EDUCATION

Disc: TRADE INTERNATIONAL Paperback 229 X 152 mm 228 pages Rel Date: June 2021 **B&W THROUGHOUT**

9781787754003









All Dogs Have ADHD

By Kathy Hoopmann

This delightful, revised edition of All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Author is from Australia

Disc: TRADE INTERNATIONAL Hardback 216 X 216 mm 80 pages

Rel Date: August 2020

9781787756601 AUD\$: 29.99

ADHD Is Our Superpower

By Soli Lazarus

An illustrated book to help children to understand their ADHD diagnosis in a positive light.

JESSICA KINGSLEY PUBLISHERS

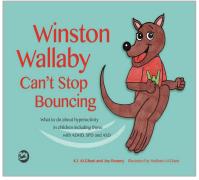
FAMILY & HEALTH

Disc: TRADE Paperback

INTERNATIONAL

229 X 152 mm 64 pages Rel Date: August **COLOUR**

2021 SECTION(S) 9781787757301 AUD\$: 26.99





AUDS: 53.99







Winston Wallaby Can't Stop **Bouncing**

By Kay Al-Ghani

Learn with Winston Wallaby as his teacher Mrs Calm shows him how to settle down and focus his mind in class, and he learns new ways to help him with touch, feel, attention and awareness.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Disc: TRADE Hardback

INTERNATIONAL

286 X 221 mm 72 pages

Rel Date: March 2018

9781785924033 AUD\$: 37.99

All Cats Are on the Autism Spectrum

By Kathy Hoopmann

This updated edition of the bestselling All Cats Have Asperger Syndrome provides an engaging, gentle introduction to Autism.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Author is from Australia

Disc: TRADE INTERNATIONAL 216 X 212 mm

Rel Date: September 2020

9781787754713

Hardback 80 pages

COLOUR THROUGHOUT AUD\$: 29.99

Spectrum Girl's Survival Guide

By Siena Castellon

This essential go-to guide gives you the power to embrace who you are, reminding you that even during the toughest of teen moments, you are never alone.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Disc: TRADE **Paperback**

INTERNATIONAL

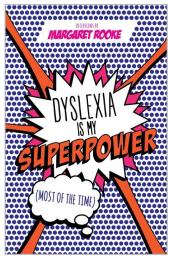
216 X 138 mm 256 pages

Rel Date: May 2020

9781787751835 AUD: \$34.99







Dyslexia is My
Superpower (Most of the Time)

By Margaret Rooke, Catherine Drennan



In more than 100 interviews, children and young adults reveal their personal tips and tactics for honing the creative benefits of dyslexia, enabling them to thrive in school and beyond. Strategies include ways to develop confidence and self-belief for 8-18 year olds.

JESSICA KINGSLEY PUBLISHERS

Category: FICTION

Disc: TRADE INTERNATIONAL

215 X 140 mm

Release Date: December 2017

9781785922992 AUD\$: 37.99

or 8-18 year olds.

Paperback 240 pages FOR PARENTS
OF DYSLEXIC
KIDS AND TEENS
GAVIN REID, MICHELLE MCINTOSH
AND JENN CLARK

Practical Activities and Ideas for Parents of Dyslexic Kids and Teens

By Gavin Reid, Michelle McIntosh



Over 70 tried and tested accessible activities and games for parents to use with dyslexic children and teens to boost their fundamental educational skills including reading, writing, spelling and executive functioning.

JESSICA KINGSLEY PUBLISHERS

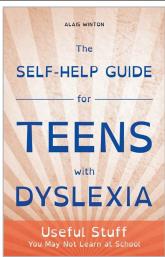
Category: EDUCATION
Disc: TRADE INTERNATIONAL

279 X 216 mm

Release Date: May 2022 **9781787757615**

Paperback 192 pages

B&W THROUGHOUT AUD\$: 45.99



Self-Help Guide for Teens with Dyslexia: Useful Stuff You May Not Learn at School

Bv Alais Winton



Paperback

128 pages

As Alais Winton knows, having dyslexia doesn't mean you're not bright; like her, you might just need a different way of looking at things. In this book, she lets you in on the learning techniques which work for her, and which you may not be taught at school.

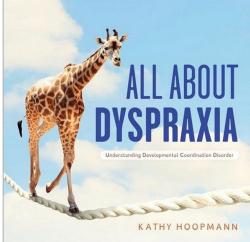
JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

214 X 140 mm

Release Date: August 2015

9781849056496 AUD\$: 29.99



All About

Dyspraxia

Understanding

Developmental

Coordination

Disorder

By Kathy Hoopmann



A playful look at the world of dyspraxia, explored through photographs of an array of animals. This book shows how people with Dyspraxia see and experience the world and highlights the unique characteristics that make them special.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS

Author is from Australia

Disc: TRADE INTERNATIONAL

216 X 213 mm

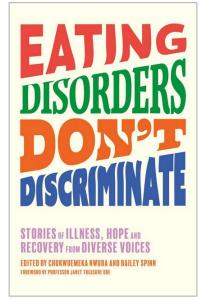
Release Date: March 2022

9781787758353

Hardback 80 pages

AUD\$: 29.99







Eating Disorders Don't Discriminate Stories of Illness, Hope and Recovery from Diverse Voices

By Dr Chukwuemeka Nwuba, Bailey Spinn, Nigel Owens, Dianne Buswell, Smriti Mundhra

Eating disorders know no boundaries. They don't discriminate. Every story of living with an eating disorder is unique. 'Eating Disorders Don't Discriminate' brings together thirty-one of them, each tackling the stereotypes and misconceptions about what eating disorders look like and who they impact. Athletes, activists, directors, models, health professionals, and more share their experiences of eating disorders, including binge eating disorder, bulimia nervosa, anorexia nervosa, ARFID and OSFED, and highlight the complexities of how race, gender, culture and social media can influence our experiences of body and food. Compiled by Dr Chuks Nwuba, who has cared for some of the UK's most unwell eating disorder patients, and TikToker and eating disorder advocate Bailey Spinn, this stirring anthology is one of hope and encouragement for anyone who feels misunderstood and underrepresented. With writing from: Rachael Alder-Byrne - Molly Bartrip - Sophie Baverstock - Hana Brannigan - Cynthia Bulik - Dianne Buswell - Lee Chambers -Dave Chawner - Sam Clark-Stone - Megan Jayne Crabbe - James Downs - Shannon Dymond - Emme - Becky Excell - Lindsey Holland - Bobby Kasmire - Sam Layton - Amalie Lee - Raffela Mancuso - Ro Mitchell - Bayadir Mohamed-Osman - Smriti Mundhra - George Mycock - Marilyn Okoro - Nigel Owens.

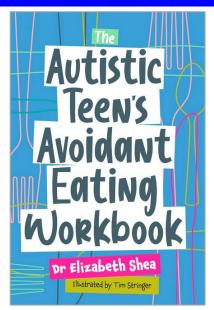
JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL 216 X 138 mm

Release Date: May 2024 9781839976995



Paperback 304 pages B&W THROUGHOUT AUD\$: 39.99



NEW

The Autistic Teen's Avoidant Eating Workbook

By Elizabeth Shea, Tim Stringer

What should I be aware of when trying new foods? Am I ready to change my eating patterns? How can I eat with other people?

Food can come with all sorts of challenges - sensory issues, social pressure, loss of control - and so making choices about what foods to eat, and coping with mealtimes can be stressful - especially when other people are involved.

If you are neurodivergent and looking to change your relationship with food, this interactive, accessible guide is the perfect companion. You might stick to the same safe foods all the time, be attached to specific mealtime rituals, or struggle to know whether you are hungry or full.

This guide will help you recognise the signs of avoidant eating, cope with food related anxieties and manage sensory overload, as well as the particular social stresses of communal eating.

With top tips, a progress tracker, quizzes and worksheets, this is an engaging and informative resource for teens and parents alike.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC Disc: TRADE INTERNATIONAL

229 X 152 mm

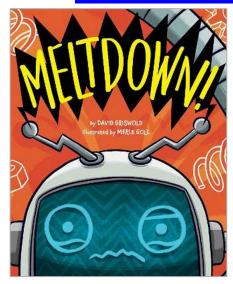
Release Date: September 2023

9781787758599



Paperback 208 pages B&W THROUGHOUT AUD\$: 40.99







Meltdown!

By David Griswold, Merle Goll

This humorous picture book uses robots to help kids explore big emotions. Did you know robots never stay up past their bedtime? They power down right at seven o'clock. And when robots are upset, they never hit. They use their programming language: BLEEP BLOOP! But even robots with all the latest updates will occasionally malfunction. Meltdowns happen. And while they are no fun, they don't last forever.

Meltdown! normalizes big emotions and explores some ways to cope with even the biggest mega robot meltdowns. With colourful illustrations full of imaginative details, this pun-tastic picture book is fun to read for robo-kids and grown-up robots alike.

MAGINATION PRESS

Category: FICTION

Disc: TRADE INTERNATIONAL

254 X 203 mm

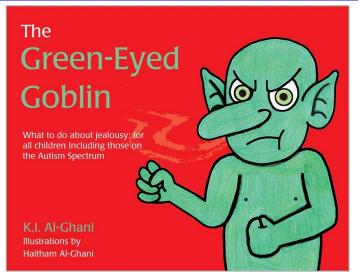
Release Date: May 2024

9781433842573

9 781433/842573

Hardback 32 pages

AUD\$: 38.99



Green-Eyed Goblin What to do about jealousy for all children including those on the Autism Spectrum

By Kay Al-Ghani, Haitham Al-Ghani

Deep inside everyone, a little goblin lies sleeping. When it wakes up, its eyes turn green, its nose grows, and it starts to breathe a smelly green mist.

This is the story of the wakening of a Green-Eyed Goblin. When Theo sees his sister getting lots of attention for her birthday, his sleeping goblin wakes and he can't seem to stop himself from saying all the horrid things the nasty goblins green mist is making him think. Will Theo learn how to send his Green-Eyed Goblin back to sleep in time for the party?

This fun, illustrated storybook will help children aged 5-13 to understand and cope with jealousy and how it can sometimes make us feel not good enough. A helpful introduction for parents and carers explains jealousy in children, and a section at the back of the book provides strategies for overcoming it.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC Disc: TRADE INTERNATIONAL

287 X 223 mm

Release Date: December 2016

9781785920912

9 781785 920912

Hardback 48 pages

AUD\$: 37.99





All Birds Have Anxiety

By Kathy Hoopmann

Life as a bird can be stressful! From worrying about airplanes, windows, and getting enough worms to eat, it is clear that birds can be anxious beings. Through a light-touch, quizzical depiction of bird behaviour, All Birds Have Anxiety uses colourful images and astute explanations to explore with gentle humour what it means to live with anxiety day-today, and how to begin to deal with it. With colourful photographs express the complex and difficult ideas related to anxiety disorder in an easy-to-understand way. This simple yet profound book validates the deeper everyday experiences of anxiety, provides an empathic understanding of the many symptoms associated with anxiety, and offers compassionate suggestions for change. The combination of understanding and gentle humour make this the ideal introduction to anxiety disorder.

JESSICA KINGSLEY **PUBLISHERS**

CLINICAL/INT'L MEDIC

Author is from Australia

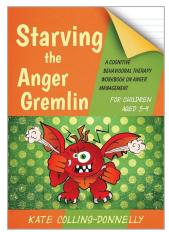
Disc: TRADE INTERNATIONAL

Hardback 218 X 214 mm 72 Pages

COLOUR THROUGHOUT Rel Date: May 2017 9781785921827

AUD\$: 26.99





Starving the Anger Gremlin for Children Aged 5-9: JESSICA KINGSLEY A Cognitive Behavioural

I Therapy Workbook on Anger Management

By Kate Collins-Donnelly

Help children to understand and manage their anger with this fun and imaginative workbook. The Anger Gremlin is a naughty creature and his favourite food is your anger! The more anger you feed him, the bigger and bigger he gets and the angrier and angrier you feel! How can you stop this? Starve the Anger Gremlin of angry thoughts, feelings and behaviours, and watch him disappear! Based on cognitive behavioural principles, this workbook uses fun and engaging activities to teach children aged 5-9 how to manage their anger by changing how they think and act - getting rid of their Anger Gremlins for good!

PUBLISHERS

OTHER MEDICINE

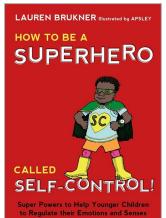
Disc: TRADE INTERNATIONAL

Paperback 246 X 176 mm 176 Pages

Rel Date: October 2014

9781849054935 AUDS: 37.99





How to Be a Superhero Called Self-Control!

Super Powers to Help Younger Children to Regulate their **Emotions & Sense**

By Lauren Brukner, Apsley

Meet Self-Control, a superhero who wants to teach young children his super powers of self-control! Anxiety, frustration, anger, and other difficult feelings won't stand a chance against their new-found powers. Self-Control teaches children with emotional and sensory regulation difficulties aged approximately 4-7 years how to calm themselves using self-massage, deep pressure, breathing exercises, and activities such as making an imaginary list and finding their own peaceful place. This illustrated book also features an appendix with photocopiable superpower charts, reinforcers, and reminder tools to ensure that parents, teachers, and other professionals can support children in upholding superhero strategies even after the book has been read.

JESSICA KINGSLEY **PUBLISHERS**

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

Hardback 254 X 177 mm

112 Pages

Rel Date: January 2016

9781849057172 AUD\$: 37.99







Kids' Guide to Staying Awesome and in Control Simple Stuff to Help Children Regulate Their Emotions and Senses

By Lauren Brukner

Packed with simple ideas to regulate the emotions and senses, this book will help children tackle difficult feelings head-on and feel awesome and in control! From breathing exercises, pressure holds and finger pulls, to fidgets, noise-reducing headphones and gum, the book is brimming with fun stuff to help kids feel cool, calm and collected. They will learn how to label difficult feelings, choose the perfect strategies and tools to tackle them, and use these correctly whether at home or at school. The strategies and tools are accompanied by cartoon-style illustrations, and the author includes useful tips for parents and teachers as well as handy visual charts and checklists to track learning and progress. Armed with this book, kids ages 7-14 will be well on their way to managing difficult emotions and feeling just right in whatever situation life throws at them!

JESSICA KINGSLEY PUBLISHERS

FICTION

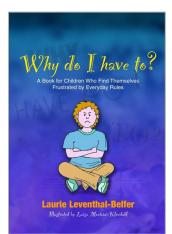
Disc: TRADE INTERNATIONAL

Hardback 253 X 176 mm 112 Pages

Rel Date: September 2014

9781849059978 AUD\$: 37.99





Why Do I Have To?

A Book for Children Who Find Themselves Frustrated by Everyday Rules

By Luisa Montaini-Klovdahl, Laurie Leventhal-Belfer

Why do I have to go to school before the show that I am watching is over? Why do I have to wear shoes and a jacket when I go outside? Rules like these can be really frustrating - but they don't have to be! Why do I have to? looks at a set of everyday situations that provide challenges for children at home, with their friends, and at school. Laurie Leventhal-Belfer empathises with children's wish to do things their way, explains clearly why their way does not work, and provides a list of practical suggestions for how to cope with these challenges and avoid feelings of frustration.

JESSICA KINGSLEY PUBLISHERS

CLINICAL/INT'L MEDIC

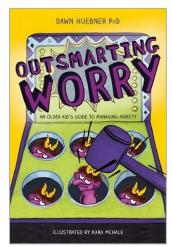
Disc: TRADE INTERNATIONAL

Paperback 244 X 172 mm 80 Pages

Rel Date: September 2008

9781843108917 AUD\$: 21.99





Outsmarting Worry

An Older Kid's Guide to Managing Anxiety

By Dawn Huebner, Kara McHale

Worry has a way of growing, shifting from not-a-big-deal to a VERY BIG DEAL in the blink of an eye. Children often find it hard to fight back against Worry, but not anymore. Outsmarting Worry teaches 9-13 year olds and the adults who care about them a specific set of skills that makes it easier to face - and overcome - worries and fears. Smart, practical, proven techniques are presented in language immediately accessible to children with an emphasis on shifting from knowing to doing, from worried to happy and free.

JESSICA KINGSLEY PUBLISHERS

FICTION

Disc: TRADE INTERNATIONAL

Paperback 226 X 150 mm 112 Pages

Rel Date: January 2018

9781785927829 AUD\$: 26.99



EMOTIONS





Panicosaurus

Managing Anxiety in Children including those with Asperger Syndrome

By Kay Al-Ghani, Haitham Al-Ghani

Have you ever felt a sense of dread and worry creeping over you? That might be the Panicosaurus coming out to play. With the help of Smartosaurus, who lets her know there is really nothing to be afraid of, Mabel discovers different ways to manage Panicosaurus, and defeat the challenges he creates for her. This fun, easy-to-read and fully illustrated storybook will inspire children who experience anxiety and encourage them to banish their own Panicosauruses with help from Mabels strategies.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL

Hardback 283 X 218 mm 56 Pages

Rel Date: December 2012

9781849053563 AUD\$: 37.99





Disappointment Dragon

Learning to cope with disappointment (for all children and dragon tamers including those with Aspergers syndrome)

By Haitham Al-Ghani, Kay Al-Ghani

When things don't go our way, the Disappointment Dragon can come to visit and take us down to his home in the Valley of Despair. The Disappointment Dragon sometimes comes to see us all and, if we let him, he can make us feel sad or angry. He visits Bobby when he is not picked for the school football team, he also finds Lucinda when she has to miss an exciting school trip because she has the Chicken Pox. He even tries to take the whole of Class Three down to the Valley of Despair when their favourite teacher moves away. Will the Dragon of Hope be able to chase away the Disappointment Dragon and help them see things more positively? The fun characters in this charming, fully illustrated storybook will help children to cope with, and discuss openly, their feelings of disappointment.

JESSICA KINGSLEY PUBLISHERS

CLINICAL/INT'L MEDIC

Disc: TRADE INTERNATIONAL

Hardback 280 X 224 mm 64 Pages

Rel Date: February 2014

9781849054324 AUD\$: 37.99





What's Happening to Tom?:

A book about puberty for boys and young men with autism and related conditions

By Kate E. Reynolds, Jonathon Powell

Tom notices that his body is changing. Tom's voice is different and hair is growing in new places. There are other changes happening too. Tom learns that he has started growing into a man. Following Tom as he begins to notice changes to his body, this simple resource helps parents and carers teach boys with autism or other special needs about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as wet dreams. This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with boys and young men with autism or special needs.

JESSICA KINGSLEY PUBLISHERS

CLINICAL/INT'L MEDIC

Disc: TRADE INTERNATIONAL

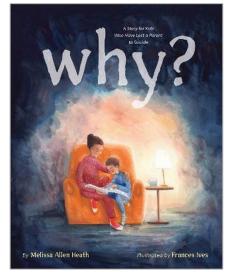
Hardback 189 X 171 mm 36 Pages

Rel Date: October 2014

9781849055239 AUD\$: 29.99









Why? A Story for Kids Who Have Lost a Parent to Suicide

By Melissa Allen Heath, Frances Ives

A picture book geared to help parents and counsellors communicate with young children about a parent's suicide. Oliver's daddy loved him-a whole bunch, forever and for always. One day Oliver's daddy died by suicide. Why? Oliver's mommy hugs him tight, and she tells him why. And she reassures Oliver that his daddy loved him-and that will never change.

In developmentally appropriate language and evocative illustrations, this picture book helps open communication about why a parent completes suicide. A reader's note offers more information about supporting children who have lost a parent to suicide.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

254 X 203 mm

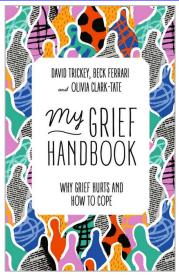
Release Date: October 2023

9781433841965



Hardback 32 pages

AUD\$: 41.99



NEW

My Grief Handbook
Why Grief Hurts and How to Cope

By Beck Ferrari, David Trickey, Olivia Clark-Tate, Roberta Ravasio

Key Sales Points:

* A book for bereaved young people to make sense of their grief, why they feel the way they do, and how they can cope.

Grief can be complicated and painful. Our memories, relationships, good times and worries are unique, and these all affect how we experience a loss. No two people will experience grief in the same way because all of our relationships are specific to us. But there are frameworks for understanding our reactions when someone dies. Lots of people have found it helpful to understand these frameworks, as knowing what's going on with grief can help us find ways to cope with the loss, let go of some of the pain, and find ways to still have a good future.

Based on years of research, this book includes some first-hand experiences from people who have been through grief, to show how the ideas could work in real life. However, this is not another person's story. It is a guide to understanding your own. By getting to know how we are processing grief, we can start getting on with it - working alongside it and moving forward.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: January 2024

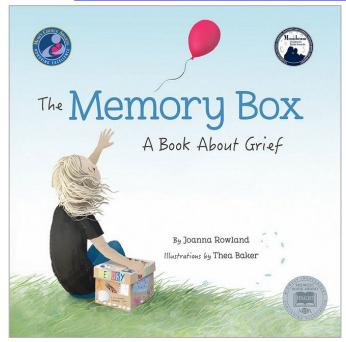
9781839970696



Paperback 176 pages B&W THROUGHOUT

AUD\$: 34.99





The Memory Box A Book about Grief

By Joanna Rowland, Thea Baker

From the perspective of a young child, Joanna Rowland artfully describes what it is like to remember and grieve a loved one who has died.

The child in the story creates a memory box to keep mementos and written memories of the loved one, to help in the grieving process.

Heartfelt and comforting, The Memory Box will help children and adults talk about this very difficult topic together. The unique point of view allows the reader to imagine the loss of any they have loved - a friend, family member, or even a pet.

A parent guide in the back includes information on helping children manage the complex and difficult emotions they feel when they lose someone they love, as well as suggestions on how to create their own memory box.

1517 MEDIA

Category: FICTION

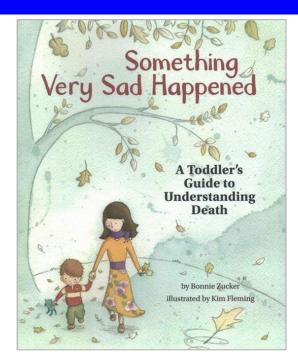
Disc: TRADE INTERNATIONAL 257 X 257 mm

Release Date: November 2017

9781506426723

Hardback 32 pages

COLOUR THROUGHOUT AUD\$: 36.99



Something Very Sad Happened A Toddler's Guide to Understanding Death

By Bonnie Zucker, Kim Fleming

When a loved one dies, it can be hard to know how to explain it to a young child, particularly if you are grieving the loss yourself. Sensitively written and gently illustrated, Something Very Sad Happened explains death in developmentally appropriate terms for two-and three-year-old children.

It reassures the child that it is okay to feel sad, and that love never dies. Includes a Note to Parents and Caregivers with more information about how to talk about death, answer your child's questions, and maintain your connection throughout the grieving process.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL 254 X 203 mm

Release Date: October 2016

9781433822667

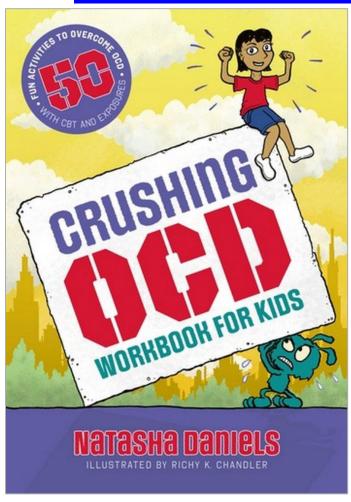


32 pages

Hardback

AUD\$: 34.99





Author Bio:

Natasha Daniels (Author) Natasha Daniels is a Child Therapist, specialising in OCD and anxiety, and has worked with children and teens and their families for over 15 years. She is the author of How to Parent Your Anxious Toddler, The Grief Rock, Social Skills Activities for Kids, Its Brave to Be Kind, and Anxiety Sucks: A Teen Survival Guide. Natasha is based in Arizona, USA.

Crushing OCD Workbook for Kids 50 Fun Activities to Overcome OCD with CBT and Exposures

By Natasha Daniels, Richy K. Chandler, Richy K. Chandler



Key Sales Points:

* A workbook to help children overcome the struggles of OCD from parenting expert, therapist and bestselling author Natasha Daniels.

Show OCD who's boss!

Using the exercises in this book, you'll learn how to spot when OCD is stirring up trouble, and how to stop it in its tracks. All 50 activities are designed by an expert therapist for kids aged 8-12 to help you grow your skills to take down OCD.

Starting with how to recognize compulsions, and building up to using exposure so you can tackle OCD even when its sleeping.

This book also contains helpful info for parents and carers so they can be effective backup while you're working on your OCD skills.

Each section of this book shows you how to build a different skill, so you can handle whatever OCD throws at you and build up all your muscles to crush OCD!

JESSICA KINGSLEY PUBLISHERS

B&W Throughout

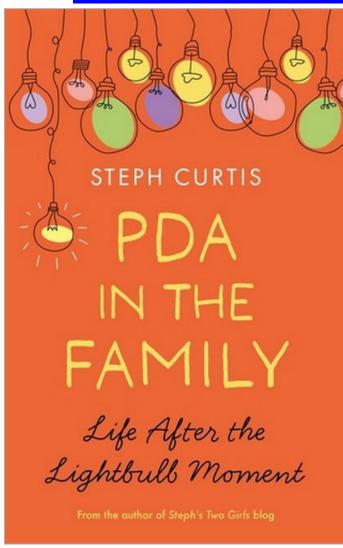
Disc: Trade International Paperback 246 X 173 mm 112 pages

Release Date: May 2024

9781839978883 AUD\$: 44.99







Author Bio:

Steph Curtis explores the rollercoaster adventure of being a parent to a PDA child, sharing useful advice from her family's experiences.

PDA in the Family Life After the Lightbulb Moment

By Steph Curtis

NEW

Key Sales Points:

* A journey through family life with an autistic child with the Pathological Demand Avoidance profile.

In this honest and open account of life with her PDA daughter, Sasha, Steph Curtis reveals the everyday struggles and explores the milestones of raising a child diagnosed with Pathological Demand Avoidance.

This book guides you through the Curtis family's 'lightbulb moment' of recognising Sasha's PDA profile following her autism diagnosis at the age of two, their experiences of various education settings and attempts to access support, everyday life at home and relationships with family and friends.

Bursting with practical takeaways and advice from creating personal profiles for your child to help them transition through schools and other settings to the reasonable adjustments you can actually ask for to help make life easier for your PDA child.

With unique insights from Sasha's father, sister, and Sasha herself, this book offers insider knowledge, understanding and advice from one family to another. It would also be helpful for those in education, healthcare or other settings to gain a better understanding of Pathological Demand Avoidance.

JESSICA KINGSLEY PUBLISHERS

B&W Throughout

Disc: Trade International Paperback 216 X 138 mm 256 pages

Release Date: April 2024

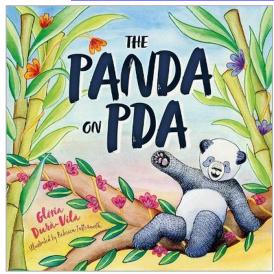
9781839971891

9 781839 971891

AUD\$: 36.99







The Panda on PDA A Children's Introduction to Pathological Demand Avoidance

By Gloria Dura-Vila, Rebecca Tatternorth

Key Sales Points:

* Introduce your child to their PDA diagnosis in a gentle and positive way with the help of this adorable panda.

In this positive, gentle and PDA-friendly guide for young children, Pathological Demand Avoidance (PDA) is explained by a playful Panda who has PDA and is very proud of it.

The Panda is full of talents and strengths, but finds it very hard to do what others want. In fact, the Panda has become great at climbing trees and bamboo, and hiding in caves to escape demands!

The Panda addresses the challenges and struggles of PDA honestly and how we can also thrive and live a happy life in the right environment, when supported by others.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

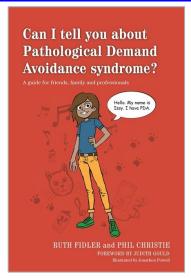
216 X 213 mm

Release Date: September 2022

9781839970061



Hardback 40 pages COLOUR SECTION(S) AUD\$: 32.99



Can I tell you about Pathological Demand Avoidance syndrome?

A guide for friends, family and professionals

By Ruth Fidler, Phil Christie, Judith Gould, Jonathon Powell

Meet Issy - an 11-year-old girl with Pathological Demand Avoidance Syndrome (PDA), a condition on the autism spectrum.

Issy invites readers to learn about PDA from her perspective, helping them to understand how simple, everyday demands can cause her great anxiety and stress. Issy tells readers about all the ways she can be helped and supported by those around her.

This illustrated book is for readers aged 7 and upwards, and will be an excellent way to increase understanding about PDA in the classroom or at home. It also includes practical tips and recommended resources for parents and professionals.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

226 X 152 mm

Release Date: March 2015

9781849055130

9 781849 055130

Paperback 56 pages

AUD\$: 26.99







Hardback

32 pages

AUD\$: 39.99



By Seamus Kirst, Karen Bunting

Harper discovers that the addition of a new baby to the family does not mean there is less love to go around, but instead there is more to share. When Dad and Daddy adopt a new baby, Harper is excited to be a big sister for the first time.

She picks out a stuffed animal just for her baby brother and practices holding a doll in case Dad and Daddy's arms get tired. She can't wait for the new baby to join all the family's favourite activities! But when the new baby arrives, Dad and Daddy don't have as much time or energy as they used to. Everything is about the new baby!

Daddy is too tired from being up all night with him to play hide and seek with Harper. Dad is too busy taking care of the baby to go to the park. Even Taco Tuesday is ruined!

MAGINATION PRESS

Category: FICTION

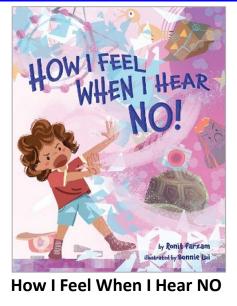
Disc: TRADE INTERNATIONAL

254 X 203 mm

Release Date: June 2024

9781433843143





NEW

By Ronit Farzam, Bonnie Lui

An engaging story that uses imaginative metaphors to explore a child's anger when his mom tells him "no."

Do you know how I feel when I hear NO?

Kids hate the word "no"! It can make them feel mad and sad, turning them into a dragon that breathes fire, a mischievous wizard, and a raging volcano. It can make them want to destroy everything in their path.

With a parent's help, together they can find the best way to turn a NO into a YES.

Includes a Reader's Note with more information about helping children cope with big feelings associated with hearing "no."

MAGINATION PRESS

Category: FICTION

Disc: TRADE INTERNATIONAL

254 X 203 mm

Release Date: June 2024

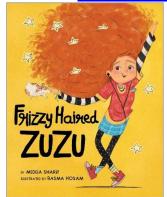
9781433842160

9 781433842160

Hardback 32 pages

AUD\$: 39.99





NEW

Frizzy Haired Zuzu

By Medeia Sharif, Basma Hosam

Frizzy Haired Zuzu is a children's picture book about accepting and loving your appearance. Zuzu loves riding her bike and dancing to all kinds of music. Her curly red hair would bounce when she danced. But Zuzu hates her hair. The older she gets, the bigger it grows. With her sisters and mother, she tries several hilarious-yet disastrous-solutions to tame her frizzy hair. Finally she saves up all her money to visit a salon. But with straighter hair, will she still feel like herself? Zuzu must dig deep down to sort out her feelings about what is beautiful to others...and herself.

MAGINATION PRESS

FICTION

Disc: TRADE INTERNATIONAL

Hardback 254 X 203 mm 32 Pages

Rel Date: January 2024

9781433841576 AUD\$: 38.99





NEW

The Worrying Worries

By Rachel Rooney, Zehra Hicks

Do you ever worry about your worries? This lively rhyming picture book explores what happens when children encounter a worry, and some simple strategies to tame them. Everyone has had a worry at some point. Worries can be awful pests, and they hate to see you happy. They can follow you to the library, the park, and back home. They might whisper mean things to you, cause stomach aches, or keep you up at night. But you don't have to keep your worries. In upbeat rhymes and engaging illustrations, this book shares some simple exercises children can practice to stay calm and banish those pesky worries for good!

MAGINATION PRESS

LIFE SKILL/GEN STUDS

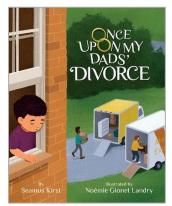
Disc: TRADE INTERNATIONAL

Hardback 248 X 260 mm 28 Pages

Rel Date: December 2023

9781433841958 AUD\$: 41.99





NEW

Once Upon My Dads' Divorce

By Seamus Kirst, Noemie Gionet Landry

Helps children understand the divorce of same-sex parents and how a child's living situation may change. Once upon a time, Grayson's life was like a fairy tale. He lived in a big brick house with Papa and Daddy. They had chocolate chip pancakes on Saturdays and read bedtime stories together every night. But when Grayson's dads get a divorce, everything changes. First, Papa moves into an apartment. Then, Daddy moves into a smaller house. Now it's one week with Papa, then one week with Daddy. Will Grayson ever feel like himself again? Once Upon My Dads' Divorce sensitively portrays the challenges of moving from one house with both parents to two houses, and offers reassurance on many questions and feelings readers may have after their parents' divorce.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL

Hardback 254 X 203 mm 32 Pages

Rel Date: February 2024

9781433840746 AUD\$: 38.99







Don't Hug the Quokka!

By Daniel Errico, Mia Powell

That quokka may be cute, but does it want a hug? The quokka says "No!" In Don't Hug The Quokka!, young readers get a light-hearted and friendly introduction to the concept of consent, learning that even the most adorable creatures might not want a hug—unless they say so! Consent is a really important topic for parents to introduce to young children, but it can be tricky to do so in a way that's clear without being frightening. This book is funny and cute, but has a clear message that you have to ask before touching someone else—it's a good place to start for young kids.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

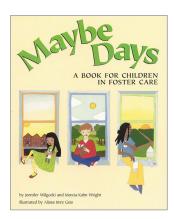
Disc: TRADE INTERNATIONAL

Hardback 254 X 203 mm 32 Pages

Rel Date: August 2022

9781433837067 AUD\$: 34.99





Maybe Days

A Book for Children in Foster Care

By Jennifer Wilgocki, Marcia Wright

For many children in foster care, the answer to many questions is often ""maybe"". "Maybe Days" is a straightforward look at the issues of foster care, the questions that children ask, and the feelings that they confront. A primer for children going into foster care, the book also explains in children's terms the responsibilities of everyone involved parents, social workers, lawyers and judges. As for the children themselves, their job is to be a kid - and there's no maybe about that.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL

Paperback 100 X 100 mm 32 Pages

COLOUR SECTION(S)

Rel Date: December 2001

9781557988027 AUD\$: 20.99





Big Bold Beautiful Me

A Story that's Loud and Proud and Celebrates You!

By Jane Yolen, Maddison Stemple-Piatt

Kids will delight in reading Big, Bold, Beautiful Me and find themselves marching along and standing side-by-side protagonists just like them who portray body positivity in a loud, proud, and very fun way. Grownups will welcome the message of healthy attitudes when facing negative or derogatory comments of others. Together it is a valuable resource for young readers to confidently embrace who they are with big bold beautiful appeal to teachers, librarians, counsellors, and parents, too. I pull my shoulders back, and I walk with pride Hiking with my Nana, going stride for stride. Then I look in the mirror-and what do I see? Big and bold and beautiful me!

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL

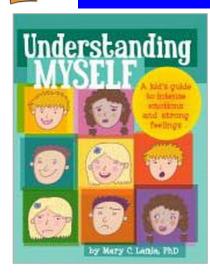
Hardback 229 X 230 mm 32 Pages

Rel Date: February 2023

9781433838644

AUD\$: 34.99





Understanding Myself

A Kid's Guide to Intense **Emotions and Strong Feelings**

By Mary Lamia



Chock-full of cool psychology and info on emotions, real-life stories from kids, interesting facts, and feeling quizzes, Understanding Myself will help you notice just what all your emotions and feelings are telling you about yourself.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

100 X 10 mm

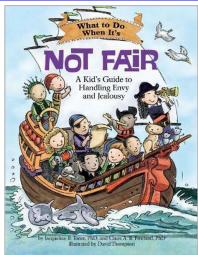
Release Date: January 2011

9781433808906

Paperback 96 pages

COLOUR SECTION(S)

AUD\$: 20.99



What to Do When It's Not Fair A Kid's Guide to Handling Envy and **Jealousy**

By Jacqueline B. Toner, Clare A. B. Freeland



If you're a kid who thinks "it's not fair", this book is for you. What to Do When It's Not Fair guides children and their parents through the difficult emotions of envy and jealousy using strategies and techniques based on cognitive behavioural principles.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

100 X 10 mm

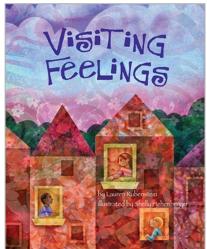
Release Date: November 2013

9781433813412

Paperback 96 pages

B&W THROUGHOUT

AUD\$: 34.99



Visiting Feelings

By Lauren Rubenstein, Shelly Hehenberger



A Perfectionist's Guide to NOT Being Perfect

A Perfectionist's **Guide to Not Being** Perfect

By Bonnie Zucker



Visiting Feelings invites children to sense, explore, and befriend any feeling with acceptance and equanimity. Includes a "Note to Parents."

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

100 X 100 mm

Release Date: November 2013

9781433813399

Hardback 32 pages

COLOUR SECTION(S) AUD\$: 32.99

It's hard for teens to be happy when they've created a very narrow window of what defines success. The goal of this helpful book is to encourage teens to maintain their desire to achieve without striving to always be perfect.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL 216 X 140 mm

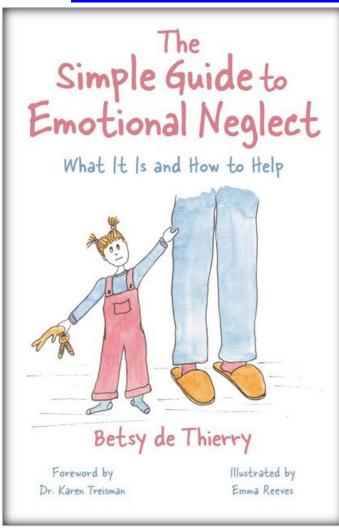
Release Date: November 2022

9781433837036

Hardback 256 pages

AUD\$: 34.99





Author Bio:

Betsy de Thierry (Author) Betsy de Thierry is a mum of four brilliant sons, a practising psychotherapist, and a qualified primary school teacher. With over 20 years of experience and knowledge within the field, she is a trainer in trauma recovery and the founder of the Trauma Recovery Centre, a charity specialising in recovery from complex trauma. She is also the CEO of BdT Ltd (www.betsytraininguk.co.uk) Trauma Training, Consultancy and Leadership, which supports professionals who work with traumatised children and families in the UK.

The Simple Guide to Emotional Neglect What It Is and How to Help

By Betsy de Thierry, Emma Reeves, Dr. Karen Treisman



Key Sales Points:

- * A simple guide to understanding emotional neglect what it is, how it affects people, and what can be done to help support recovery.
- * Emotional abuse and neglect is a theme that affects a large proportion of the adult population (36%, compared with physical abuse 18%, sexual abuse 8-18% and physical neglect 16% as self-reported from the adult population).
- * Part of the popular Simple Guides series, all authored by Betsy de Thierry.
- * Betsy de Thierry is a psychotherapist and renowned expert on child trauma. She is a popular and prolific trainer and speaker.

What is emotional neglect? How does it affect children and the adults they become? What can we do to help?

In *The Simple Guide to Emotional Neglect*, Betsy de Thierry provides clarity and guidance on the complex subject of emotional neglect, including how it impacts emotional connection and behaviour in the children who experience it.

Betsy de Thierry has spent years working with children and adults impacted by emotional neglect from all walks of life and combines her experience with the latest research evidence to provide you with a concise overview of what emotional neglect looks like, and the issues it can create, including its impact on the developing brain, the development of trauma-based behaviours and challenges to forming emotional connections.

The practical advice in this book guides parents, carers, and professionals involved in child welfare on how to provide informed and empathic support.

JESSICA KINGSLEY PUBLISHERS

Category: SOCIAL WELFARE

B&W Throughout

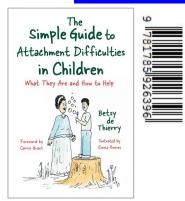
Disc: Trade International Paperback 198 X 129 mm 112 pages

Release Date: August 2023

9781839976759







The Simple Guide to Attachment Difficulties in Children

By Betsy de Thierry

A guide to defining, understanding and healing from attachment difficulties for children.

JESSICA KINGSLEY PUBLISHERS

OTHER MEDICINE

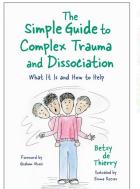
Paperback Disc: TRADE

INTERNATIONAL

196 X 130 mm 120 pages

Rel Date: September B&W

THROUGHOUT 2019 9781785926396 AUDS: 29.99





The Simple Guide to Complex Trauma and Dissociation

By Betsy de Thierry

An essential guide for any adult caring for or working with dissociative children.

JESSICA KINGSLEY PUBLISHERS

SOCIAL WELFARE

Disc: TRADE Paperback

INTERNATIONAL

196 X 126 mm 144 pages Rel Date: January B&W

THROUGHOUT 2021 AUD\$: 29.99 9781787753143





The Simple Guide to Child Trauma

By Betsy de Thierry

A guide for any adult caring for or working with a child who has experienced trauma.

JESSICA KINGSLEY PUBLISHERS

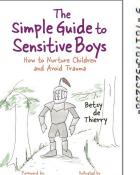
FAMILY & HEALTH

Disc: TRADE **Paperback** INTERNATIONAL

196 X 128 mm

9781785921360

Rel Date: December B&W **THROUGHOUT** 2016





80 pages

AUDS: 29.99

The Simple Guide to Sensitive Boys

By Betsy de Thierry

A simple yet sage advice guide on how to celebrate and care for boys who are more sensitive than others.

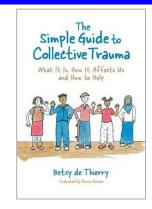
JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL Paperback 197 X 132 mm 104 pages

Rel Date: January 2018

9781785923258 AUD\$: 29.99





The Simple Guide to Collective Trauma

By Betsy de Thierry

A guide that highlights the impacts of collective trauma on communities, families and individuals and how to build resilience.

JESSICA KINGSLEY PUBLISHERS

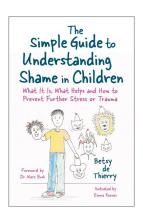
OTHER MEDICINE

Disc: TRADE Paperback

INTERNATIONAL

197 X 130 mm 112 pages Rel Date: October B&W

THROUGHOUT 2021 9781787757882 AUD\$: 29.99





The Simple Guide to **Understanding Shame in Children**

By Betsy de Thierry

The perfect starting point for any adult or carer working with children who have experienced shame.

JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH

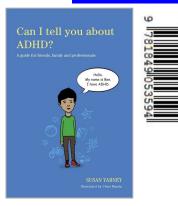
Disc: TRADE **Paperback** INTERNATIONAL

196 X 130 mm 112 pages Rel Date: December B&W

2018 **THROUGHOUT** AUD\$: 29.99 9781785925054

CAN I TELL YOU ABOUT SERIES





Can I tell you about ADHD?

By Chris Martin

Ben invites readers to learn about ADHD from his perspective. A useful guide for children ages 7+ with ADHD and for their support systems.

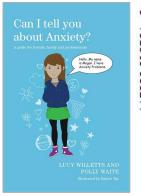
JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL Paperback 228 X 152 mm 64 pages

Rel Date: March 2013

9781849053594 AUD\$: 26.99





Can I tell you about Anxiety?

By Kaiyee Tay

Megan invites readers to learn about anxiety from her perspective. A useful guide for children ages 7+ with Anxiety and their support systems.

JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH

Disc: TRADE Paperback

INTERNATIONAL

228 X 152 mm 56 pages

Rel Date: September 2014

9781849055277 AUD\$: 26.99





Can I tell you about Autism?

By Jane Telford

Tom invites readers to learn about autism from his perspective. A useful guide for children ages 7+ with Autism and their support systems.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

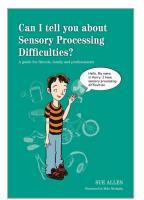
Disc: TRADE Paperback

INTERNATIONAL

228 X 150 mm 64 pages

Rel Date: May 2014

9781849054539 AUD\$: 26.99





Can I tell you about Sensory Processing Difficulties?

By Sue Allen

Harry invites readers to learn about sensory processing difficulties from his perspective. A useful guide for children ages 7+ with sensory processing difficulties and their support systems.

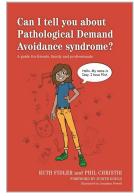
JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL Paperback 226 X 150 mm 56 pages

Rel Date: December 2015

9781849056403 AUD\$: 26.99





Can I tell you about Pathological Demand Avoidance syndrome?

By Ruth Fidler

Issy has Pathological Avoidance Syndrome – a condition on the Autism spectrum. Issy invites readers ages 7+ to learn about PDA.

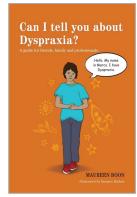
JESSICA KINGSLEY PUBLISHERS

ΕΔΜΙΙΥ & ΗΕΔΙΤΗ

Disc: TRADE INTERNATIONAL Paperback 226 X 152 mm 56 pages

Rel Date: March 2015

9781849055130 AUD\$: 26.99





Can I tell you about Dyspraxia?

By Imogen Hallam

Marco invites readers to learn about Dyspraxia from his perspective. A useful guide for children ages 7+ with Dyspraxia and their support systems.

JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH

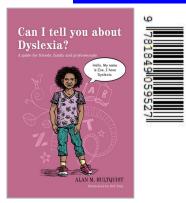
Disc: TRADE INTERNATIONAL Paperback 228 X 150 mm 56 pages

Rel Date: May 2014

9781849054478 AUD\$: 26.99

CAN I TELL YOU ABOUT SERIES





Can I Tell You About Dyslexia?

By Alan M. Hultquist

Zoe invites readers to learn about Dyslexia from her perspective. A useful guide for ages 7+ with Dyslexia and their support systems.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Disc: TRADE Paperback

INTERNATIONAL

228 X 150 mm 56 pages

Rel Date: September 2013

9781849059527 AUD\$: 26.99





Can I tell you about Gender Diversity?

By CJ Atkinson

Kit is 12 years old and invites readers to learn about gender diversity from his perspective as he undergoes a medical transition. An ideal resource for starting conversations with children ages 7+ about gender diversity.

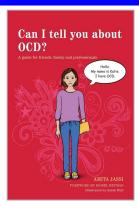
JESSICA KINGSLEY PUBLISHERS

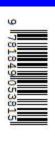
SELF-HELP/PRACTICAL

Disc: TRADE INTERNATIONAL Paperback 228 X 157 mm 64 pages

Rel Date: April 2017

9781785921056 AUD\$: 26.99





Can I Tell You About OCD?

By Isobel Heyman

Katie invites readers to learn about Obsessive Compulsive Disorder (OCD) from her perspective. A useful guide for ages 7+ with OCD and their support systems.

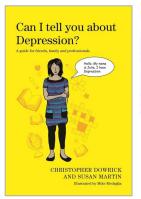
JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL Paperback 230 X 163 mm 48 pages

Rel Date: July 2013

9781849053815 AUD\$: 26.99





Can I tell you about Depression?

By Christopher Dowrick

Julie, a woman who suffers from periods of depression, invites readers ages 7+ to learn about how it can impact individuals and the people around them.

JESSICA KINGSLEY PUBLISHERS

PSYCHOLOGY

Disc: TRADE INTERNATIONAL Paperback 230 X 156 mm 48 pages

Rel Date: March 2015

9781849055635 AUD\$: 26.99





Can I Tell You About Tourette Syndrome?

By Mal Leicester

Max invites readers to learn about Tourette Syndrome from his perspective. A useful guide for ages 7+ with Tourette's and their support systems.

JESSICA KINGSLEY PUBLISHERS

SOCIETY CULTURE: GEN

Disc: TRADE INTERNATIONAL Paperback 228 X 156 mm 56 pages

Rel Date: February 2014

9781849054072 AUD\$: 26.99





Can I Tell You About Self-Harm?

By Pooky Knightsmith

Asher is a teenager who self-harms to manage their feelings when it all feels like too much. He invites readers ages 7+ to learn about self-harm and understand what it is, why people do it and how to get help.

JESSICA KINGSLEY PUBLISHERS

LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL Paperback 228 X 150 mm 72 pages

Rel Date: March 2018

9781785924286 AUD\$: 26.99





The A in the Rainforest A fun phoneme story

By Judith Barker, Janie Frith

This is the story of the A. The A in the Rainforest is a fun Australianthemed phoneme story that teaches young readers about the vowel sound A and where they can find it in different words. Beautifully illustrated by Janie Frith, the rich colours and vibrant use of multi-media enhance the magical experience. The book is about the journey of a young Rainbow Bird from the rainforests of Tasmania to their counterparts in New South Wales.

WOODSLANE PRESS

PICTURE BOOKS

Author is from VIC

Age: 3+ years

Disc: TRADE AUSTRALIAN

Paperback 200 X 250 mm 32 Pages

COLOUR THROUGHOUT Rel Date: February 2022

9781925868821 AUD\$: 19.99





The I in the Island A fun phoneme story

By Judith Barker, Janie Frith

This is the story of the I. The I in the Island is a fun Australian-themed phoneme story that teaches young readers about the vowel sound I and where they can find it in different words. Beautifully illustrated by Janie Frith, the rich colours and vibrant use of multi-media enhance the magical experience. The book is about the Brolga dance of a group of Sydney Butchulla Elders, evoking a journey to faraway Kgari (Fraser Island).

WOODSLANE PRESS

PICTURE BOOKS

Author is from VIC

Age: 3+ years

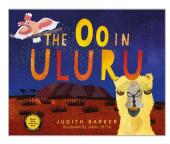
Disc: TRADE AUSTRALIAN

Paperback 250 X 200 mm 32 Pages

COLOUR THROUGHOUT Rel Date: October 2022

9781922800077 AUD\$: 19.99





The OO in Uluru

A fun phoneme story

By Judith Barker, Janie Frith

This is the story of the OO. An amusing sound for all of you. The OO in Uluru is a fun Australian-themed phoneme story that teaches young readers about the vowel sound OO and where they can find it in different words. Beautifully illustrated by Janie Frith, the rich colours and vibrant use of multi-media enhance the magical experience of the Red Centre. The book explores many arid environments and introduces children to many of the creatures that live there. This first book from Judith and Janie won a 2019 Book of the Year award from Speech Pathology Australia.

WOODSLANE PRESS

PICTURE BOOKS

Author is from VIC

Age: 3+ years

Disc: TRADE AUSTRALIAN

Paperback 200 X 250 mm

32 Pages

COLOUR THROUGHOUT Rel Date: August 2019

9781925868180 AUD\$: 19.99









The EE in the Deep Blue Sea

A fun phoneme story

By Judith Barker, Janie Frith

This is the story of the EE. A curious sound as you can see. The EE in the Deep Blue Sea is a fun Australian-themed phoneme story that teaches young readers about the vowel sound ee and where they can find it in different words. Beautifully illustrated by Janie Frith, the rich colours and vibrant use of multi-media enhance the magical experience. The book explores many undersea and reef environments and introduces children to twenty of the creatures that live there.

WOODSLANE PRESS

PICTURE BOOKS

Author is from VIC

Age: 3+ years

Disc: TRADE AUSTRALIAN

Paperback 200 X 250 mm 32 Pages

COLOUR THROUGHOUT Rel Date: August 2020

9781925868401 AUD\$: 19.99





The O in the Snow

A fun phoneme story

By Judith Barker, Janie Frith

This is the story of the O. It's an interesting sound, as I'm sure you know. The O in the Snow is a fun Australian-themed phoneme story that teaches young readers about the vowel sound O and where they can find it in different words. Beautifully illustrated by Janie Frith, the rich colours and vibrant use of multi-media enhance the magical experience. The book is inspired by The Man from Snowy River and celebrates the creatures of the High Country and the drovers that once mustered horses and cattle on the high plains.

WOODSLANE PRESS

PICTURE BOOKS

Author is from VIC

Age: 3+ years

Disc: TRADE AUSTRALIAN

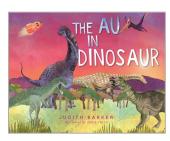
Paperback 200 X 250 mm

32 Pages

COLOUR THROUGHOUT
Rel Date: September 2021

9781925868609 AUD\$: 19.99





The AU in Dinosaur

A fun phoneme story

By Judith Barker, Janie Frith

This is the story of the AU. The AU in Dinosaur is a fun Australian-themed phoneme story that teaches young readers about the vowel sound AU and where they can find it in different words. Beautifully illustrated by Janie Frith, the rich colours and vibrant use of multi-media enhance the magical experience. The book is about the journey of several young Australians on a time travel ride back to see real dinosaurs and other prehistoric creatures.

WOODSLANE PRESS

PICTURE BOOKS

Author is from VIC

Age: 3+ years

Disc: TRADE AUSTRALIAN

Paperback 200 X 250 mm

32 Pages

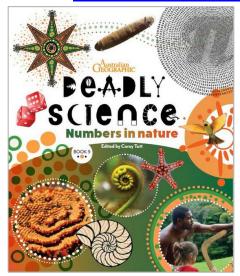
COLOUR THROUGHOUT

Rel Date: November 2023 **9781922800381**

AUD\$: 19.99









By Australian Geographic, Corey Tutt

COMING SOON

COMING SOON

By Australian Geographic, Corey Tutt

Key Sales Points:

- * Inspires young readers to experiment and learn about scientific principles.
- * Focused on Indigenous knowledge and wisdom.
- * Introduces students to a uniquely Australian understanding of the world around us.

Mathematical concepts are all around us — in nature, architecture, art, biology, computer science and in our everyday lives. Did you know that natural processes, such as how bees swarm, have been used as a model for computer algorithms, or that boomerangs work using similar aerodynamic concepts as aircraft? Explore how number patterns, symmetry, algebra, geometry, and other maths concepts have been applied by First Australians for millennia.

AUSTRALIAN GEOGRAPHIC

Category: EDUCATIONAL MATERIAL

Disc: TRADE AUSTRALIAN

275 X 225 mm

Release Date: June 2024

9781923096080



Age: 6+ years Hardback 32 pages **COLOUR THROUGHOUT** AUD\$: 26.99

Key Sales Points:

- * Inspires young readers to experiment and learn about scientific principles.
- * Focused on Indigenous knowledge and wisdom.
- * Introduces students to a uniquely Australian understanding of the world around us.

Light from our Sun and other sources is all around, bringing colour, heat and energy. Over time, humans have harnessed light to create fire, fluorescent light and even scientific equipment like lasers. But light and colour are tricky. Too much or too little light changes our body chemistry, when it bends it can fool our eyes, and it can even act like a wave or a particle! Explore what First Australians and scientists have learned about the incredible properties of light and colour.

AUSTRALIAN GEOGRAPHIC

Category: EDUCATIONAL

MATERIAL

Disc: TRADE AUSTRALIAN

275 X 225 mm

Release Date: June 2024

9781923096073

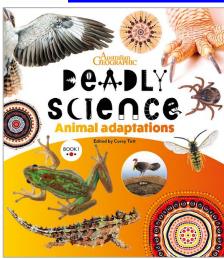


Age: 6+ years Hardback 32 pages **COLOUR THROUGHOUT**

AUD\$: 26.99

DEADLY SCIENCE





Deadly Science
- Animal
Adaptations Book 1 2/e

By Australian Geographic, Corey Tutt



In this book, students investigate the different types of adaptations that animals might have to help them survive and thrive in their particular environments.

AUSTRALIAN GEOGRAPHIC

Category: EDUCATIONAL

MATERIAL

Disc: TRADE AUSTRALIAN

260 X 230 mm

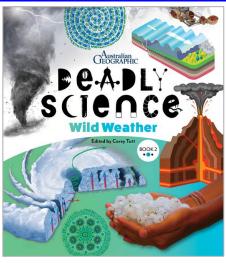
Release Date: December 2023

9781922388995

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Deadly Science

- Wild Weather
- Book 2 2/e

By Australian Geographic, Corey Tutt



Extreme weather events, from bushfires to floods, and sudden geological changes, like earthquakes and tsunamis, have an enormous impact on our planet. In this book, students investigate different examples of extreme weather.

AUSTRALIAN GEOGRAPHIC

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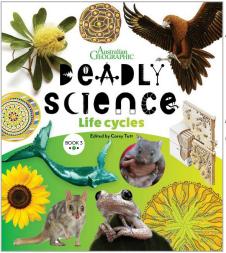
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Deadly Science - Life Cycles -Book 3

By Australian Geographic, Corey Tutt



Students explore the life cycles of living things such as insects, birds, whales and flowering plants and discover the environmental factors that can affect these processes.

AUSTRALIAN GEOGRAPHIC

Category: YOUNG ADT

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Disc: TRADE AUSTRALIAN

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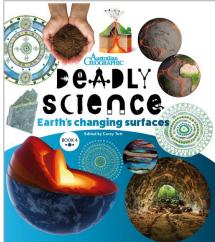
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Deadly Science -Earth's Changing Surfaces Book 4 2/e

By Australian Geographic, Corey Tutt



Investigates different examples of extreme weather, focusing on examples from around Australia, and explains how these events affect living and non-living aspects of the environment.

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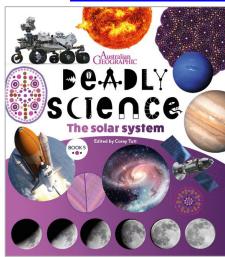
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Deadly Science
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By Australian Geographic, Corey Tutt



Navigate everything from planets made of gas, to stars made of fire. Our vast Solar System is filled with mysteries still to be explored and solved and this book gives readers a complete view.

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Every living thing on our planet experiences a life cycle. From fertilisation, to birth, through life and death, plants and animals undergo key stages of development. Learn about the lives of animals and what survival of the fittest looks like.

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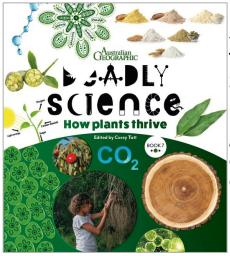
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Deadly Science
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Deadly Science
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Resources Book 8

By Australian Geographic, Corey Tutt



Inside of this book, you will find the tools, both modern and indigenous, to understand and navigate the difficulties ahead as we learn to live with Earth's internal and powerful forces.

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Learn about all of Australia's Renewable Resources in this insightful book of facts and colourful images. Deep dive into solar energy and how useful it can be for your home. Learn about wind turbine energy and how elements of the world around us contributes to renewable energy.

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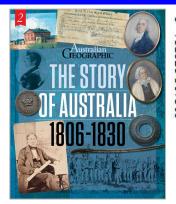
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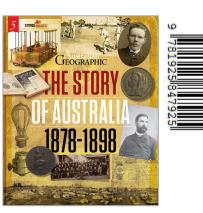
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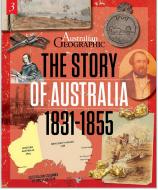
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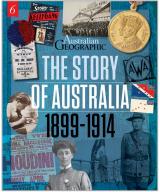
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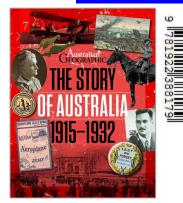
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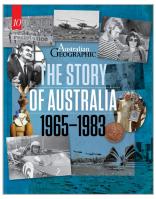
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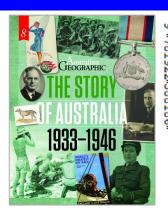
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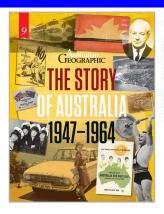
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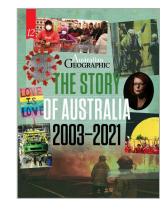
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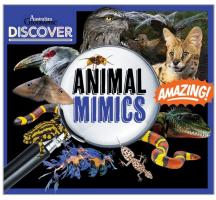
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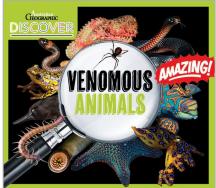
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Australia has more venomous creatures than any other continent in the world, but that doesn't mean you have to be alarmed - especially when you're educated! It won't hurt a bit to learn about Australia's elapid snakes, stinging sea jellies, blue-ringed octopus and amazing venomous mammals.

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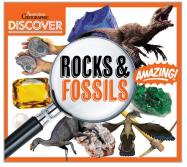
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By Australian Geographic

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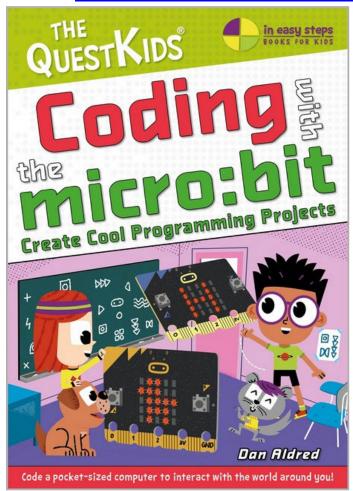
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Author Bio

Dan Aldred is a Computer Science teacher with over 20 years working in secondary education. He currently works for Cambridge Assessment International Education creating content for Computer Science and Furtehr Maths. He is a freelance resource writer and hacker. He has championed the use of the computer and technology as a took for learning and creativity, and is a Raspberry Pi certified educator. Dan led the winning team of students for the first Astro Pi competition, whose code is now orbiting Earth abound the ISS. Dan currently resides in the UK. Dan runs a website TeCoEd full of Raspberry Pi hacks and projects and also a YouTube channel.

Coding with the micro:bit Create Cool Programming Projects The QuestKids® children's series

By Dan Aldred

NEW

Key Sales Points:

- * Another new title in the QuestKids® children's series that was launched by In Easy Steps in 2018, designed to make learning fun for children. Coding with BBC micro:bit teaches children how to use the BBC micro:bit, and then guides them through 10 exciting projects, including a temperature sensor, simple interactive games, and an alarm system.
- * Coding for children has become a popular area in computing books.
- * The BBC micro:bit is a pocket-sized computer that shows how software and hardware work together. It has an LED light display, buttons, sensors, and many input/output features that, when programmed, let it interact with you and your world. There are two versions, and the latest version with sound adds a built-in microphone and speaker, as well as an extra touch input button and a power button.
- * The QuestKids® series is developed and designed by the In Easy Steps team.

First, Coding with BBC micro:bit introduces children to the hardware and software features of the micro:bit, including the built-in microphone, speaker, and touch sensor added in micro:bit version 2. They will learn new skills such as how to code a micro:bit to play music, send messages, display pictures, and detect light. Once they have mastered these skills, the book guides them through 10 exciting projects.

"Try This" sections suggest other ways for children to try out their new knowledge to inspire them to build their own projects with the micro:bit. Each project has been designed to work with both versions of the micro:bit.

IN EASY STEPS

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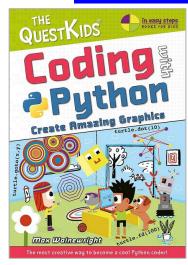
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Coding with Python -**Create Amazing Graphics**

The QuestKids do Coding

By Max Wainewright



Coding with Python - Create Amazing Graphics teaches children new coding concepts and results in some amazing graphics. Discover how to mix colours, make patterns, draw 2D and 3D shapes. Use loops, variables, random numbers and functions using Python.

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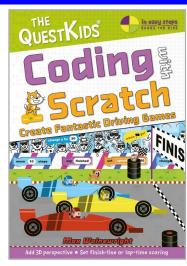
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Coding with Scratch -**Create Fantastic Driving Games** The QuestKids do Coding

By Max Wainewright



Coding with Scratch - Create Fantastic Driving Games teaches children how to create driving games on a computer or laptop. Use code to make games including parking, racing, scrolling and two player. Create your own cars and tracks, use variables to keep scores, add sounds and create your own code blocks and functions.

IN EASY STEPS

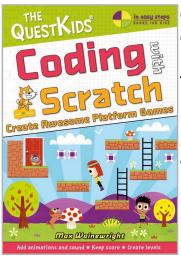
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Coding with Scratch -**Create Awesome Platform Games** The QuestKids do Coding

By Max Wainewright



Coding with Scratch – Create Awesome Platform Games teaches children how to create platform games with Scratch. Use code to make sprites leap from platform to platform, design different levels, draw graphics and make simple animations.

IN EASY STEPS

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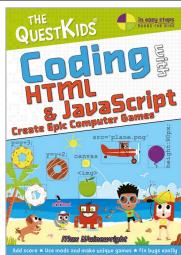
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Coding with HTML & JavaScript - Create **Epic Computer** Games The QuestKids do Coding

By Max Wainewright



Coding with HTML & JavaScript – Create Epic Computer Games teaches children how to create computer games with scratch that are ready for the next level. Learn basic game making with HTML and JavaScript, make images move and respond to keyboard presses, draw objects, import images and sounds.

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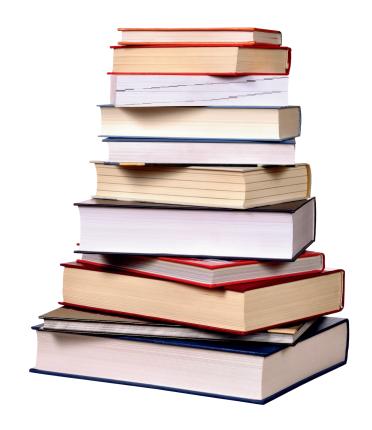
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